Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

washington, D.C. 20549

	OMB APPROVAL									
О	MB Number:	3235-0287								
Es	Estimated average burden									
hc	ours per response	. 0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* RECTOR DAVID					2. Issuer Name and Ticker or Trading Symbol SENESCO TECHNOLOGIES INC [SNT]							ck all applica Director	Director		10% Owner	
(Last) (First) (Middle) 303 GEORGE STREET SUITE 420				3. Date of Earliest Transaction (Month/Day/Year) 11/19/2009							Officer (give title Other (spec below) below)					
(Street) NEW BRUNSWICK NJ 08901		08901	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line)	Individual or Joint/Group Filing (Check Applicable le) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(5	State)	(Zip)													
1. Title of Security (Instr. 3) 2. Trans Date			ansactio	action 2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transactio	4. Securiti	f, or Ben ies Acquired Of (D) (Insti	d (A) or	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
					(iwi		(монилдаултеаг)		Amount	(A) or (D)	Price	Reported Transacti	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
			Table II - Der (e.g					iired, Disp options,				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year	4. Transaction Code (Instr. 8)				6. Date Exerc Expiration D (Month/Day/	ate	d 7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(s)		
Common Stock Option	\$0.59	05/06/2009		A		11,441 ⁽¹⁾		05/06/2009	05/06/2019	Common Stock	11,441	\$0	304,20	07	D	
Common Stock Option	\$0.39	11/19/2009		A		36,539 ⁽¹⁾		11/19/2009	11/19/2019	Common Stock	36,539	\$0	340,74	46	D	
Common Stock	\$0.39	11/19/2009		A		50,000 ⁽²⁾		11/19/2009	11/19/2019	Common Stock	50,000	\$0	390,74	46	D	

Explanation of Responses:

- 1. Such options were granted to Mr. Rector in leiu of cash compensation under the Company's independent director compensation plan, with such options vesting on the date of grant.
- 2. One-half of such options vest on the date of grant and one-half of such options vest on 11-19-2010.

David Rector

11/23/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.